# NatPAT COVID-19 2022 Survey Codebook



### **Section 0: Twin Registry Information**

schoolgradecovidsurvey2022\_0/schoolgradecovidsurvey2022\_1 (parent reported child-level grade)

ageCOVIDsurvey2022\_0/ageCOVIDsurvey2022\_1(age of twin, calculated by date of birth subtracted from date of consent)

```
Ethnicity 0/Ethnicity 1 (parent reported ethnicity of twin)
   1 = Hispanic or Latino
   0 = Not Hispanic or Latino
twinsex 0/twinsex 1 (parent reported child-level sex)
 1 = male
0 = female
zygosity 0/zygosity 1 (calculated zygosity from questionnaire)
   1 = MZ twins
   2 = DZ twins
Race 0/Race 1 (parent reported race of twin)
   1 = American Indian or Alaska Native
   2 = Asian
   3 = Black or African American
   4 = Native Hawaiian or Other Pacific Islander
   5 = White
   6 = Mixed
pair sex 0/pair sex 1 (parent reported twin sex at pair level)
```

0 = female-female pair

1 = male-male pair

2 = male-female pair

- \*\*\* All the following variables are the core variable names. In the final datasets, the core variable names have "\_0" or "\_1" at the end.
- \*\*\* For any of the following scored scales, sum/mean scores are only calculated if no more than 10% of the item level data was missing.
- \*\*\* Sum/Mean scores are calculated for participants who do not have missing data on any of the items in that scale or subscale.
- \*\*\* A red asterisk \* indicates that the item needs to be reverse coded.
- \*\*\* Any open ended responses have been removed from final data. These are available from Sara Hart.

# NatPAT COVID-19 2022 Survey Parent

### **Section 1: About you and your family**

Questions refer to caregiver relationship to twins, health insurance plans, distress and resilience.

# **Section 1**

### About you and your family

1.1 The person completing this questionnaire is (check one): questionnaire				
1 Biological mother				
2 Biological father				
3 ☐ Step mother				
4 Step father				
5 Other relative (e.g., grandmother, aunt, etc.) Please specify: otherrelativeresponse				
6 Adoptive or foster parent				
7 Other, specify: <u>questionnaireotherresponse</u>				
1.2 Do you currently have health insurance or a health care plan? healthinsurance				
0 ☐ I <b>DO NOT</b> have health insurance 1☐ I <b>HAVE</b> some kind of health insurance				
1.3 On a scale of 1 to 10, where 1 is the worst health care plan possible and 10 is the best heal	th care			
plan possible, what number would you use to rate your health care plan? healthcareplan				
1 1 22 33 44 55 66 77 88 99 1010 Not applicable				
1.4 In March 2020 did you have health insurance or a health care plan? insurance2020				
insurance2020				
1 □ Yes 2 □ No				
- 1 165 - 140				
	5			
1.5 During the last 30 days, about how often did  1 2 3 4  None of A little of Some of Most of	All the			
1.5 During the last 30 days, about how often did  distress#  1 2 3 4  None of the time   A little of the time   Some of the	All the time			
1.5 During the last 30 days, about how often did  distress#  1 2 3 4  None of the time time time the time th	All the time			
1.5 During the last 30 days, about how often did  distress#  None of the time time the tim	All the time 5			
1.5 During the last 30 days, about how often did  distress#    None of the time   A little of the time   Some of the time   A little o	All the time 5			
1.5 During the last 30 days, about how often did  distress#  None of the time time the tim	All the time 5 5 5 5			
1.5 During the last 30 days, about how often did  distress#    None of the time   A little of the time   Some of the time   A little o	All the time 5 5 5 5 5 5			
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1.5 During the last 30 days, about how often did  distress#  None of the time time the tim	All the time  5  5  5  5  5  5  5  5  5  5  5  5  5			
1.5 During the last 30 days, about how often did  distress#  None of the time time the tim	All the time  5  5  5  5  5  5  5  5  5  5  5  5  5			
1.5 During the last 30 days, about how often did  distress#  None of the time time the tim	All the time  5  5  5  5  5  5  5  5  5  5  5  5  5			
1.5 During the last 30 days, about how often did  distress#  None of the time time the tim	All the time 5 5 5 5 5 5 5 5 5 5 6 5 6 6			

la madd			_			
	brs#	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
1	I tend to bounce back quickly after hard times	1	2	3	4	5
2	I have a hard time making it through stressful events	1	2	3	4	5
3	It does not take me long to recover from a stressful event	1	2	3	4	5
4	It is hard for me to snap back when something bad happens	1	2	3	4	5
5	I usually come through difficult times with little trouble	1	2	3	4	5
6	I tend to take a long time to get over set-backs in my life	1	2	3	4	5

### #1.1 - #1.4

Items are created by the research team.

### **#1.5 Distress Scale - Kessler 10**

Items are from: Kessler, R. C., Andrews, G., Colpe, L. J., Hiripi, E., Mroczek, D. K., Normand, S. L., ... & Zaslavsky, A. M. (2002). Short screening scales to monitor population prevalences and trends in non-specific psychological distress. Psychological medicine, 32(6), 959-976.

```
parent$KesslerDepressed <- rowSums (parent[, c("distress1", "distress2",
  "distress3")])
parent$KesslerMotor <- rowSums (parent[, c("distress4", "distress5")])
parent$KesslerFatigue <- rowSums (parent[, c("distress6", "distress7")])
parent$KesslerAnxiety <- rowSums (parent[, c("distress9", "distress10")])
parent$KesslerWorthless <- parent$distress8</pre>
```

### **#1.6 Brief Resilience Scale (BRS)**

Items are from: Smith, B. W., Dalen, J., Wiggins, K., Tooley, E., Christopher, P., & Bernard, J. (2008). The brief resilience scale: assessing the ability to bounce back. International journal of behavioral medicine, 15, 194-200.

## **Section 2**

### How COVID-19 has affected you and your family

Some of these questions are about the most recent school year and some of these questions are about the time period around the initial COVID-19 outbreak in 2020. Please pay extra attention to the dates provided for each question in this section.

•	no datos promas	a ioi odoii quootioi									
	homeschool			school year check h	ere ☐ 1 0 - No our twins' school life.						
	ii you checked no	onie-schooled piea	se skip questions i	2.2 to 2.11 about yo	our twins school life.						
2.2	_	-2022 school year, teachers? comfor	-	ortable interacting	with or communicating						
	☐ Not comfortable	2 Somewhat comfortable	3 ☐ Neutral	4 Comfortable	5 ☐ Very comfortable						
2.3	2.3 During 2021-2022 school year, how <u>effective</u> did you feel in dealing with concerns raised by your twins' teachers? <u>effective2021</u>										
1	☐ Not effective	2 Somewhat effective	3 ☐ Neutral	4   Effective	5 ☐ Very effective						
2.4	During the 2021 teachers? satis		, how <u>satisfied</u> did	you feel after inter	acting with your twins'						
	1 ☐ Not satisfied	2 ☐ Somewhat satisfied	3 Neutral	4 Satisfied	5 ☐ Very satisfied						
2.5		-2022 school year, hievement? qual		<b>fied</b> or like an auth	ority in terms of your						
1	☐ Not qualified	2 Somewhat qualified	3 ☐ Neutral	4 Qualified	5 ☐ Very qualified						
2.6		-2022 school year, m? question2021	, how <u>likely</u> were y	ou to question a te	acher's practices or						
	<sup>1</sup> □ Not likely	2 Somewhat likely	3 ☐ Neutral	4 Likely	5 ☐ Very likely						
2.7	During the 2021	-2022 school year,	, did you help your	twins with schoolw	ork? help2021						
•	<mark>1</mark>	2 Rarely	3 Sometimes	4 Often	5 Very often						
2.8	B During the 2021 response 2021	-2022 school year,	did you feel it was	your job to help yo	our twins with schoolwork?						
1	☐ Not at all	2 Rarely	3 ☐ Sometimes	4 ☐ Often	5 ☐ Very often						

	in yourself and th 22 school year? ( Biological mother	select all tha	•	ed the twins v	with their schoolw	ork during the
0/1	Biological father					
0/1	Step mother stepn					
0/1 🔲	Step father stepdag					
0/1	Grandparent grand					
0/1	Sibling sibling2021					
0/1	Other family memb	, •	<u>, , , , , , , , , , , , , , , , , , , </u>	rfamily2021		
0/1	Adoptive or foster p		e2021 helpso	therresponse20	021	
	Other, specify: help					
0/1	No one else helped	noone2021				
•	r twins' school or your twins' learn			•	ollowing to use at	home to
					Yes	No
Lanton	or desktop compute	r schoomp			1es	
	phone schphone	Concomp				
	access (i.e., 4G do	nalo) schinte	rnet			
	schtablet	rigie) scriinte				
	nones or earbuds	chhead			=	
	n (for video commur		rehcam			
	•	•		e		
	g apps, software, or schprinter	otrier oriline p	rograms schapp	5		
-	have to purchase the 2021-2022 so	-	following to us	e at home to	support your twin	ns' learning 0
-		-	following to us	e at home to	support your twir  1  Yes	_
during t		chool year?	following to us	e at home to	1	0
during t Laptop	he 2021-2022 so	chool year?	following to us	e at home to	1	0
during t  Laptop  Mobile	che 2021-2022 so or desktop compute phone famphone	chool year?		e at home to	1 Yes	0 No
during t  Laptop  Mobile	the 2021-2022 so	chool year?		e at home to	1	0 <b>No</b> □
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Laptop Mobile Internet Tablet Headph Webcar	or desktop compute phone famphone access (i.e., 4G do famtablet nones or earbuds fa	chool year?  r famcomp  ngle) faminter  amhead  nication) famv	net vebcam		1 Yes	0 No
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### #2.1 - #2.9 are created by Sara Hart and team.

### #2.10 - #2.11 are adapted from:

Becker, S. P., Quach, E. T., Dvorsky, M. R., Breaux, R., Melvin, G. A., & Sciberras, E. (2020). Home adjustment to COVID-19 scale (HACS). Cincinnati, OH: Authors.

### #2.12 - #2.13 are created by Callie Little.

**2.14** During the past 12 months, were any of the following true in your household?

	211 Paring the past 12 mentile, were any of the renowing the in your necessities.		2	
	covidimpacts#	1	Some-	3
		Not	what	Very
		true	true	true
1	Significant decrease (over 10%) in household income	1	2	3
2	Gone into financial debt	1	2	3
3	Job disruption or loss (myself or other caregiver)	1	2	3
4	Could not access essential supplies (e.g., sanitizer, soap, toilet paper) even when they were available	1	2	3
5	Overwhelmed by the amount of COVID-19 news coverage	1	2	3
6	Applied for employment insurance or government assistance	1	2	3
7	Experienced significant delays in receiving employment insurance or government	1	2	3
	assistance (leave blank if did not apply)	·	_	
8	Became concerned about providing for my family	1	2	3
9	Became stressed by crowded grocery stores and shopping centers	1	2	3
10	Experienced increased arguments with family members	1	2	3
11	Experienced increased emotional withdrawal from family members	1	2	3
12	Children became harder to manage	1	2	3
13	Was not able to access educational materials for children	1	2	3
14	More relationship conflicts with my partner (leave blank if not in a relationship)	1	2	3
15	Struggled emotionally with the loss of routine	1	2	3
16	Felt crowded in my living space	1	2	3
17	Significant anxiety/panic about danger to myself or loved ones	1	2	3
18	Difficulty in finding or keeping childcare	1	2	3

2.15	During the 2019-2020 school year, be	efore the initial outbreak of COVID, did your twins	receive food
	services such as groceries or meals	(e.g., free and reduced price lunch, breakfast) thr	ough their
	school? Select only one answer.	foodservices	

Do not answer question 2.16 if you responded NO to Question 2.15.

1 ☐ Yes

**0** □ No

2.16 During the 3 month such as groceries o school did your twin	r meals (e.g., free	and reduced pri	much of an interruption ce lunch, breakfast) prov	
1 ☐ No interruption	<sup>2</sup> Very little interruption	3 Some interruption	4 ☐ A lot of interruption	

2.17 During the 2021-2022 school year, how did you perceive COVID-19 as a risk...

	covidrisk#	1		, 3 ,	4
		No risk	Low risk	Moderate risk	High risk
1	to your physical health?	1	2	3	4
2	to your twins' physical health?	1	2	3	4
3	to your mental health?	1	2	3	4
4	to your twins' mental health?	1	2	3	4
5	to your family's financial situation?	1	2	3	4
6	to your twins' education?	1	2	3	4

### **#2.14 COVID-19 Family Stressor Scale**

Items 1- 6 and items 8-17 are from: Prime, H., Wade, M., May, S. S., Jenkins, J. M., & Browne, D. T. (2021). The COVID-19 Family Stressor Scale: Validation and measurement invariance in female and male caregivers. Frontiers in Psychiatry, 12, 669106.

Items 7 and 18 are created by the research team.

#2.15 - #2.16 are investigator created by the research team.

#2.17 is investigator created by Jeffrey Shero.

	1 ☐ Yes	0□ No						
	2.18a If you answered YES to difficultfinancial	2.18, how difficult has thi	s change	been for	your fa	mily's fir	nancial s	ituation?
	3 ☐ Very difficult	2 ☐ Somewhat difficult	1 □ No	ot at all di	fficult-9	Q I I	n't know change	/
	<b>2.19</b> Has the twins' other car outbreak? caregiverjob	•	ange in jo	b status	since t	he initia	II COVID	)-19
	1 ☐ Yes	0 □ No -99□ N/A (N	No other	caregive	·)			
	2.19a If you answered YES to	2.19, how difficult has thi	s change	been for	your fa	mily's fir	nancial s	ituation?
	difficultchange 3 ☐ Very difficult	2□ Somewhat difficult	1 □ No	t at all di	fficult -	nol I	n't know change	<i>'</i>
	<b>2.20</b> During the 2021-2022 s your bills? paybills	school year, how difficult v	was it for	you to co	over yo	ur expe	nses an	d pay all
	3 ☐ Very difficult	2□ Somewhat difficult	1□ No	t at all di	fficult -	98□ Dor	ı't know	
		u receive from people clo ). During the 2021-2022 s ort compared to 2020-202	school ye	•	here ar	n increa	se or de	5 Big
1	Financial help			1	2	3	4	5
	Childcare			1	2	3	4	
3	House chores/yard work			1	2	3	4	5
	Transportation (e.g., giving rides)			1	2	2	-	5
5	Shared resources (e.g. food toils	atriae)		1	2	3	4	5 5
5 6	Shared resources (e.g., food, toile Social support (e.g., listening, giv	<u> </u>		1 1	2	3	-	5 5 5
6	Social support (e.g., listening, give 2.22 If your job provided support support (e.g., listening, give 2.22 If your job provided support (e.g., listening, give 2.22	ing advice)		1 1 ories due	2 2 e to the the pas No	3 3 initial C	4 4 4 COVID-1 onths?	5 5 5 5
6	Social support (e.g., listening, giv 2.22 If your job provided sup outbreak on March 13,	ing advice) port for any of the followi	ort chang	1 1 ories due	2 2 e to the the pas	initial C	4 4 4 COVID-1 onths?	5 5 5 5 5 9
6	2.22 If your job provided sup outbreak on March 13, jobsupport#	ing advice)  port for any of the followi 2020, how has that supp	ort chang	1 1 ories due ged over	2 2 e to the the pas No change	initial Cost 12 mo	4 4 4 COVID-1 Onths? 5 Big increase	5 5 5 5 9 -99 N/A No support)
6	Social support (e.g., listening, giv  2.22 If your job provided support outbreak on March 13, jobsupport#  Financial help (e.g., bonuses)	ing advice)  port for any of the followi 2020, how has that supp	ort chang 1 Big decrease	1 1 ories due ged over	2 2 e to the the pass No change	3 3 initial Cost 12 mo 4 Increase 4	4 4 4 COVID-1 Onths? 5 Big increase (	5 5 5 5 9 -99 N/A No support)

2.18 Have you experienced a change in job status since the initial COVID-19 outbreak? jobstatus

2.23 During 2021-2022, to what extent has COVID-19 had a negative effect on the mental health of 1 Not Very Somewhat Much A little at all much You mentalyou 2 3 4 5 1 Your spouse/partner (leave blank if not in a relationship) mentalspouse 2 3 5

### #2.18 & #2.19 are created by the research team.

### **#2.20 COVID-19 Related Household Finances**

from: https://www.phenxtoolkit.org/protocols/view/980101 Citation is RAND American Life Panel (MS546) Impacts of COVID-19 [RIR Survey 1]

### #2.21 is investigator created by Willa van Dijk.

### #2.22 is created by the research team.

### #2.23 Investigator created,

based slightly from Drouin, M., McDaniel, B. T., Pater, J., & Toscos, T. (2020). How parents and their children used social media and technology at the beginning of the COVID-19 pandemic and associations with anxiety. Cyberpsychology, Behavior, and Social Networking, 23(11), 727-736.

**2.24** On a scale of 0 (not at all) to 10 (very much), how much have you been concerned about the following due to the COVID-19 pandemic in 2021-2022?

1 Your family's health concerns       0       1       2       3       4       5       6       7       8       9       10         2 Your family's financial concerns       0       1       2       3       4       5       6       7       8       9       10         3 Impact on your work       0       1       2       3       4       5       6       7       8       9       10         4 Impact on your child       0       1       2       3       4       5       6       7       8       9       10         5 Impact on your community       0       1       2       3       4       5       6       7       8       9       10         6 Impact on your family members       0       1       2       3       4       5       6       7       8       9       10         7 Your access to food       0       1       2       3       4       5       6       7       8       9       10         8 Your access to baby supplies (e.g., formula, diapers, wipes)       0       1       2       3       4       5       6       7       8       9       10		concerned#											
3 Impact on your work       0       1       2       3       4       5       6       7       8       9       10         4 Impact on your child       0       1       2       3       4       5       6       7       8       9       10         5 Impact on your community       0       1       2       3       4       5       6       7       8       9       10         6 Impact on your family members       0       1       2       3       4       5       6       7       8       9       10         7 Your access to food       0       1       2       3       4       5       6       7       8       9       10         8 Your access to baby supplies (e.g., formula, diapers, wipes)       0       1       2       3       4       5       6       7       8       9       10         9 Your access to personal care products or household supplies       0       1       2       3       4       5       6       7       8       9       10         10 Your access to medical care, including mental health care       0       1       2       3       4       5       6       7 <t< td=""><td>1</td><td>Your family's health concerns</td><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></t<>	1	Your family's health concerns	0	1	2	3	4	5	6	7	8	9	10
4 Impact on your child       0       1       2       3       4       5       6       7       8       9       10         5 Impact on your community       0       1       2       3       4       5       6       7       8       9       10         6 Impact on your family members       0       1       2       3       4       5       6       7       8       9       10         7 Your access to food       0       1       2       3       4       5       6       7       8       9       10         8 Your access to baby supplies (e.g., formula, diapers, wipes)       0       1       2       3       4       5       6       7       8       9       10         9 Your access to personal care products or household supplies       0       1       2       3       4       5       6       7       8       9       10         10 Your access to medical care, including mental health care       0       1       2       3       4       5       6       7       8       9       10	2	Your family's financial concerns	0	1	2	3	4	5	6	7	8	9	10
5 Impact on your community       0       1       2       3       4       5       6       7       8       9       10         6 Impact on your family members       0       1       2       3       4       5       6       7       8       9       10         7 Your access to food       0       1       2       3       4       5       6       7       8       9       10         8 Your access to baby supplies (e.g., formula, diapers, wipes)       0       1       2       3       4       5       6       7       8       9       10         9 Your access to personal care products or household supplies       0       1       2       3       4       5       6       7       8       9       10         10 Your access to medical care, including mental health care       0       1       2       3       4       5       6       7       8       9       10	3	Impact on your work	0	1	2	3	4	5	6	7	8	9	10
6 Impact on your family members 0 1 2 3 4 5 6 7 8 9 10 7 Your access to food 0 1 2 3 4 5 6 7 8 9 10 8 Your access to baby supplies (e.g., formula, diapers, wipes) 0 1 2 3 4 5 6 7 8 9 10 9 Your access to personal care products or household supplies 0 1 2 3 4 5 6 7 8 9 10 10 Your access to medical care, including mental health care 0 1 2 3 4 5 6 7 8 9 10	4	Impact on your child	0	1	2	3	4	5	6	7	8	9	10
7 Your access to food       0       1       2       3       4       5       6       7       8       9       10         8 Your access to baby supplies (e.g., formula, diapers, wipes)       0       1       2       3       4       5       6       7       8       9       10         9 Your access to personal care products or household supplies       0       1       2       3       4       5       6       7       8       9       10         10 Your access to medical care, including mental health care       0       1       2       3       4       5       6       7       8       9       10	5	Impact on your community	0	1	2	3	4	5	6	7	8	9	10
8 Your access to baby supplies (e.g., formula, diapers, wipes) 9 Your access to personal care products or household supplies 10 Your access to medical care, including mental health care 10 Your access to medical care, including mental health care 10 1 2 3 4 5 6 7 8 9 10	6	Impact on your family members	0	1	2	3	4	5	6	7	8	9	10
9 Your access to personal care products or household supplies 0 1 2 3 4 5 6 7 8 9 10 10 Your access to medical care, including mental health care 0 1 2 3 4 5 6 7 8 9 10	7	Your access to food	0	1	2	3	4	5	6	7	8	9	10
Your access to medical care, including mental health care 0 1 2 3 4 5 6 7 8 9 10	8	Your access to baby supplies (e.g., formula, diapers, wipes)	0	1	2	3	4	5	6	7	8	9	10
	9	Your access to personal care products or household supplies	0	1	2	3	4	5	6	7	8	9	10
11 Having to social distance or be quarantined 0 1 2 3 4 5 6 7 8 9 10	10	Your access to medical care, including mental health care	0	1	2	3	4	5	6	7	8	9	10
	11	Having to social distance or be quarantined	0	1	2	3	4	5	6	7	8	9	10

**2.25** Which of the following strategies were helpful to YOU during the COVID-19 pandemic?

	covexp#	1	2	3	4	5
		Not at all	Slightly	Some- what	Mode- rately	Very much
1	Texting, calling or video-calling family members or friends	1	2	3	4	5
2	Talking to therapist	1	2	3	4	5
3	Exercising/walking	1	2	3	4	5
4	Cooking/baking	1	2	3	4	5
5	Arts and crafts project	1	2	3	4	5
6	Cleaning/doing household chores	1	2	3	4	5
7	Playing games with family members	1	2	3	4	5
8	Playing online games	1	2	3	4	5
9	Virtual entertainment (concerts, live shows, sports, museums, etc.)	1	2	3	4	5
10	Other (specify)covexp10response	1	2	3	4	5

### #2.25 COVID-19 Experiences (COVEX)

concerned#

Items are from: Fisher, P.W., Desai, P., Klotz, J., Turner, J.B., Reyes-Portillo, J.A., Ghisolfi, I., Canino, G., and Duarte, C.S. (2020). COVID-19 Experiences (COVEX). Section 7: Coping. Columbia University: Disaster Lit.

### #2.24 ECHO COVID-19 Questionnaire - Adult Primary Version

Item is modified from: Environmental Influences on Child Health Outcomes (ECHO) COVID-19 Questionnaire – Adult Primary Version. ECHO-wide Cohort Version 01.30. April 9, 2020.

link:https://www.phenxtoolkit.org/protocols/view/960201?origin=search

### Section 3: All about your child

Questions refer to the individual twin's school experience, school supports or services, after school activities, peer interactions, and COVID-19 impacts.

# For the following, think ONLY of...

	<b>3.1</b> To what extent do you think your twin remembers being in school outbreak in March of 2020? rememberschool	before	the init	tial CO	VID-19	)			
	<sup>1</sup> □ Not at all <sup>2</sup> □ Slightly <sup>3</sup> □ Somewhat <sup>4</sup> □ Moderately <sup>5</sup> □ V	ery mu	uch						
	-99 □ N/A (Twin was not enrolled in school in March of	2020).							
	3.2 To what extent do you think your twin remembers social conditions (e.g., interactions with friends, interactions with community members, interactions with extended family) before the initial COVID-19 outbreak in March of 2020? remembersocial								
	1 ☐ Not at all 2☐ Slightly 3 ☐ Somewhat 4☐ Moderately 5 ☐ V	ery mu	uch						
	3.3 Which of the following strategies were helpful to YOUR CHILD the	rougho	out the (	COVID-	-19 out	break			
	during the 2021-2022 school year?	1	2	3	4	5			
	covexc#	Not at all	Slightly	Some- what	Mode- rately	Very much			
1	Texting, calling or video-calling family members or friends	1	2	3	4	5			
2	Virtual learning/school	1	2	3	4	5			
3	Talking to therapist	1	2	3	4	5			
4	Exercising/walking	1	2	3	4	5			
5	Cooking/baking	1	2	3	4	5			
6	Arts and crafts project	1	2	3	4	5			
7	Cleaning/doing household chores	1	2	3	4	5			
8	Playing games with family members	1	2	3	4	5			
9	Playing online games	1	2	3	4	5			
10	Virtual entertainment (concerts, live shows, sports, museums, etc.)	1	2	3	4	5			
11	Other (specify) _covexc11response_	1	2	3	4	5			
	3.4 Do you remember the date school started for the 2021-2022 school year? If yes, please write that date here: schoolstart  Start (MM/DD/YYYY):								
	3.5 Do you remember the date school ended for the 2021-2022 school date here: schoolend  Finish (MM/DD/YYYY):	ol year	? If yes	s, pleas	se write	e that			
	3.6 Please estimate how many weeks your child attended school each wayear: estimateweeks	ay durir	ng the 20	021-202	22 scho	ool			
	a) weeks in-person at typical school (physically went to school	hool) We	eeksinpe	rson					
	b) weeks in-person at "school pod" or other temporary sch		veekssch						
	c) weeks online weeksonline								
	d) weeks hybrid (combination of both in-person and online	) W	eekshybr	id					
	e) weeks homeschooled weekshomeschooled								
	f)weeks did not go to school/unschooled weeksunschool	ed							

### #3.1 & #3.2 are developed by the research team.

### #3.3 COVID-19 Experiences (COVEX)

Items are adapted from NIH Phenxtoolkit, Protocol - COVID-19 Experiences (COVEX). Retrieved from: https://www.phenxtoolkit.org/protocols/view/960501?origin=search Fisher, P.W., Desai, P., Klotz, J., Turner, J.B., Reyes-Portillo, J.A., Ghisolfi, I., Canino, G., and Duarte, C.S. (2020). COVID-19 Experiences (COVEX). Section 7: Coping. Columbia University: Disaster Lit.

##3.4 - #3.5 are developed by the research team.

**3.6a** Children had very different experiences with how they went to school during the 2021-2022 school year. We would like to know what happened with your child. Please select how your child went to school, and the dates that applies. If your child attended school the whole year in the same format, choose that format and check the box in the first row.

If your child switched how they were going to school, you can fill out multiple rows. Check only one way of attending per row. You do not need to account for normal school holidays with the dates.

How your child went to school in 2021-2022 school1	Dates schoolwhole
<sup>1</sup> ☐ In-person at typical school (physically went to school)	Check this box if your child attended school
<sup>2</sup> ☐ In-person at "school pod" or other temporary school	this way for the whole school year
<sup>3</sup> □Online	If you did not check the box above, please fill
<sup>4</sup> ☐ Hybrid (combination of both in-person and online)	out these dates.
5 Homeschooled	Start (MM/YY): school1start
6 ☐ Did not go to school/Unschooled	Finish (MM/YY): school1end
If your child switched how they were attending school, please fill out as many additional rows as you need. school2	Dates
1 ☐ In-person at typical school (physically went to school)	Start (MM/YY): school2start
<sup>2</sup> □In-person at "school pod" or other temporary school	Finish (MM/YY): school2end
3 Online	1 man (mw/ 11).
4 ☐ Hybrid (combination of both in-person and online)	
5 Homeschooled	
6 ☐ Did not go to school/Unschooled	
school3	Dates
1 ☐ In-person at typical school (physically went to school)	Start (MM/YY): school3start
2 ☐ In-person at "school pod" or other temporary school	
3 Online	Finish (MM/YY): school3end
4 ☐ Hybrid (combination of both in-person and online)	
5 Homeschooled	
6 ☐ Did not go to school/Unschooled	
school4	Dates
1 ☐ In-person at typical school (physically went to school)	Start (MM/YY):school4start
2 ☐ In-person at "school pod" or other temporary school	Finish (MM/YY): school4end
3 Online	1 1111311 (WINV 1 1 )
4 Hybrid (combination of both in-person and online)	
5 Homeschooled	
6 ☐ Did not go to school/Unschooled	

	3.7 In your opinion, how different has it been for your child to do	the foll	owing	during (	COVID	-19
	compared to before COVID-19? diffchild#	1 Much easier	2 Easier	3 About the same	4 Harder	5 Much harder
1	Get their schoolwork done because of other responsibilities at home (taking care of children, family)?	1	2	3	4	5
2	Get their schoolwork done because of the home environment (internet, computers, tension, space)?	1	2	3	4	5
3	Focus on their schoolwork	1	2	3	4	5
4	Finish their schoolwork	1	2	3	4	5
5	Find motivation to start or complete schoolwork	1	2	3	4	5
6	Manage frustration about their schoolwork	1	2	3	4	5
7	Work on their schoolwork on their own	1	2	3	4	5
8	Stay interested in their schoolwork	1	2	3	4	5
	Tutoring/help with schoolwork or homework tutor2021	2021-2	022 so	hool yea	ar?	
	If your child received special services during the 2021-2022 schoo	l year,	please	check a	ll that	apply.
	0/1 Hearing Impairments hear					
	0/1 ☐ Deafness deaf					
	0/1 ☐ Speech or Language Impairment (SLI/DLD) Sli					
	0/1 ☐ Visual Impairment including Blindness blind					
	0/1					
	0/1 ☐ Orthopedic Impairment ortho					
	0/1 Other Health Impairment (e.g., ADHD) adhd					
	0/1 Specific Learning Disability (SLD) sld					
	0/1 Traumatic Brain Injury tbi					
	0/1 Autism Spectrum Disorder asd					
	0/1 ☐ Developmental Delay devdelay					
	3.10 If your child required special services at school, how satisfied a during the 2021-2022 school year? schservice2021	are you	with th	ne servic	es pro	vided
	1 ☐ Not satisfied 2 ☐ Somewhat satisfied 3 ☐ Neutral 4 ☐	☐ Satist	ied	5□Ve	ry sati	sfied

### **#3.6 Type of Schooling**

Items are adapted from: Becker, S. P., Quach, E. T., Dvorsky, M. R., Breaux, R., Melvin, G. A., & Sciberras, E. (2020). Home adjustment to COVID-19 scale (HACS). Cincinnati, OH: Authors.

### #3.7 School Difficulties Due to Covid

Items 1 and 2 are adapted from NIH Phenxtoolkit, Protocol - COVID-19 Experiences (COVEX). Retrieved from: https://www.phenxtoolkit.org/protocols/view/980201?origin=search Fisher, P.W., Desai, P., Klotz, J., Turner, J.B., Reyes-Portillo, J.A., Ghisolfi, I., Canino, G., and Duarte, C.S. (2020) COVID-19 Experiences (COVEX).

Items 3-8 are adapted from: Becker, S. P., Quach, E. T., Dvorsky, M. R., Breaux, R., Melvin, G. A., & Sciberras, E. (2020). Home adjustment to COVID-19 scale (HACS). Cincinnati, OH: Authors.

### #3.8 School-Based Practices and Services

Items are adapted from: Becker, S. P., Quach, E. T., Dvorsky, M. R., Breaux, R., Melvin, G. A., & Sciberras, E. (2020). Home adjustment to COVID-19 scale (HACS). Cincinnati, OH: Authors.

**#3.9 & #3.10** are created by Sara Hart and Stephanie Al Otaiba for a different data collection (Project KIDS). They were adapted for COVID here.

**3.11** During the 2021-2022 school year, please indicate how often your child participated in the following activities after school (e.g., after 3pm) (circle one)

	activities2021_#	<mark>0</mark> Never	1 Once a week	Z Twice a week	Three times a week	Four times a week	Five times a week or more
1	Educational lessons or activities, such as Spanish club	0	1	2	3	4	5
2	Art or music lessons, such as piano	0	1	2	3	4	5
3	Youth organizations, such as Boy Scouts	0	1	2	3	4	5
4	Individual sports with a coach or instructor, such as tennis	0	1	2	3	4	5
5	Team sports with a coach or instructor, such as baseball	0	1	2	3	4	5
6	Sports and/or exercise for fun	0	1	2	3	4	5
7	Homework	0	1	2	3	4	5
8	Watch TV	0	1	2	3	4	5
9	Video or computer games	0	1	2	3	4	5
10	Instant messaging	0	1	2	3	4	5
11	Read for fun	0	1	2	3	4	5
12	Household chores	0	1	2	3	4	5
13	Practice a musical instrument	0	1	2	3	4	5
14	Arts & crafts	0	1	2	3	4	5
15	Hang out with friends	0	1	2	3	4	5

3.12 How did your child's peer interactions change from the 2020-2021 school year to the 2021-2022 school year?

school year?	1	۱ ၁	. 3	<sub>I</sub> 4	<sub>l</sub> 5
	Decreased dramatically	Decreased a bit	Stayed the same	Increased a bit	Increased dramatically
Face-to-face contact face2face2021	1	2	3	4	5
Contact through social mediasocialmedia2021	1	2	3	4	5
Number of friends numfriends2021	1	2	3	4	5
Conflict with friends conflictfriends2021	1	2	3	4	5

<ul> <li>3.13 To what extent has COVID-19 had a negative effect on the mental health of your child during to 2021-2022 school year? covidmentalhealthchild</li> <li>¹□ Not at all</li></ul>	ıe				
<sup>1</sup> □ Not at all	<sup>2</sup> □ A little	<sup>3</sup> □ Somewhat	<sup>4</sup> □ Much	<sup>5</sup> □ Very much	
	•	year, how stressful we	re your parenting	experiences with your	
1 ☐ Not at all	<sup>2</sup> □ A little	3 ☐ Somewhat	4 □ Much	<sup>5</sup> □ Very much	

**3.15** For each item, please circle the number for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain or the item seems odd! Please give your answers on the basis of how your child has been over the last six months.

	sdq#	Not true	Somewhat true	Certainly true
1	Considerate of other people's feelings	1	2	3
2	Restless, overactive, cannot stay still for long	1	2	3
3	Often complains of headaches, stomach-aches or sickness	1	2	3
4	Shares readily with others (food, games, pens, etc.)	1	2	3

### #3.11 After School Activities

Items 1-6 are from MDI: Middle Years Development Instrument found in:

Schonert-Reichl, K.A., Guhn, M., Gadermann, A.M. et al. Development and Validation of the Middle Years Development Instrument (MDI): Assessing Children's Well-Being and Assets across Multiple Contexts. Soc Indic Res 114, 345–369 (2013). https://doi.org/10.1007/s11205-012-0149-y **Items 7-15** are investigator added to the published scale by Sara Hart and team.

### #3.12 Peer Connection

Items are investigator created for this data collection by LaTasha Holden

### #3.13 is investigator created by Sara Hart and team

### #3.14 Parenting Experience

Item is adapted from parenting stress question from:

Prime, H., Wade, M., May, S. S., Jenkins, J. M., & Browne, D. T. (2021). The COVID-19 Family Stressor Scale: Validation and measurement invariance in female and male caregivers. Frontiers in Psychiatry, 716.

3.15 For each item, please circle the number for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain or the item seems odd! Please give your answers on the basis of how your child has been over the last six months.

	saq#	Not true	Somewhat true	Certainly true
1	Considerate of other people's feelings	1	2	3
2	Restless, overactive, cannot stay still for long	1	2	3
3	Often complains of headaches, stomach-aches or sickness	1	2	3
4	Shares readily with others (food, games, pens, etc.)	1	2	3

	1	_ 2	3
3.15 Continued	Not true	Somewhat true	Certainly true
Often has temper tantrums or hot temper	1	2	3
<sup>6</sup> Rather solitary, tends to play alone	1	2	3
7* Generally obedient, usually does what adults request	1	2	3
8 Many worries, often seems worried	1	2	3
9 Helpful if someone is hurt, upset or feeling ill	1	2	3
10 Constantly fidgeting or squirming	1	2	3
<sup>11*</sup> Has at least one good friend	1	2	3
12 Often fights with other children or bullies them	1	2	3
13 Often unhappy, down-hearted or tearful	1	2	3
14*Generally liked by other children	1	2	3
15 Easily distracted, concentration wanders	1	2	3
16 Nervous or clingy in new situations; easily loses confidence	1	2	3
17 Kind to younger children	1	2	3
Often lies or cheats	1	2	3
19 Picked on or bullied by other children	1	2	3
Often volunteers to help others (parents, teachers, children)	1	2	3
21*Thinks things out before acting	1	2	3
22 Steals from home, school or elsewhere	1	2	3
23 Gets on better with adults than with other children	1	2	3
<sup>24</sup> Many fears, easily scared	1	2	3
<sup>25*</sup> Sees tasks through to the end, good attention span	1	2	3

3.16 In the past month pss#

	o. To in the past month pss#	4	2	3	4	5
		Never	Almost never	Some- times	Fairly often	Very often
1	How often did your child seem able to control life's emotions?	1	2	3	4	5
2	How often did it seem that life was going well for your child?	1	2	3	4	5
3	How often did your child appear angered by things that happened outside of his/her/their control?	1	2	3	4	5
4	How often did difficulties pile up so high that your child did not seem able to overcome them?	1	2	3	4	5
5	How often was your child upset because of something that happened unexpectedly?	1	2	3	4	5
6	How often did your child appear frustrated by being unable to control or do something?	1	2	3	4	5
7	How often did your child appear nervous and "stressed"?	1	2	3	4	5
8*	How often did your child appear confident about his/her/their ability to handle personal problems?	1	2	3	4	5
9*	How often did your child seem to feel things were going well?	1	2	3	4	5
10	How often did your child seem unable to cope with all the things that had to be done?	1	2	3	4	5

### # 3.15 Strengths and Difficulties Questionnaire (SDQ)

Scale details are here https://www.sdqinfo.org/a0.html

Goodman R, Meltzer H, Bailey V. The Strengths and Difficulties Questionnaire: a pilot study on the validity of the self-report version. Eur Child Adolesc Psychiatry. 1998 Sep;7(3):125-30. doi: 10.1007/s007870050057. PMID: 9826298

```
## recode all variables (minus 1)
for (i in 1:25) {
  var name <- paste0("sdq", i)</pre>
  recoded var name <- paste0(var name, " r")</pre>
   parenttwin[[recoded var name]] <- parenttwin[[var name]] - 1}</pre>
##reverse code items 7, 21, 25, 11, 14
parenttwin$sdq7 rr <- 2- parenttwin$sdq7 r</pre>
parenttwin$sdg21 rr <- 2- parenttwin$sdg21 r</pre>
parenttwin$sdq25 rr <- 2- parenttwin$sdq25_r</pre>
parenttwin$sdq11 rr <- 2- parenttwin$sdq11 r</pre>
parenttwin$sdq14 rr <- 2- parenttwin$sdq14 r</pre>
#subscales
parenttwin$SDQ emot sum <- rowSums(parenttwin[, c("sdq3 r", "sdq8 r",</pre>
"sdq13 r", "sdq16 r", "sdq24 r")])
parenttwin$SDQ cond sum <- rowSums(parenttwin[, c("sdq5 r", "sdq7 rr",
"sdq12 r", "sdq18 r", "sdq22 r")])
parenttwin$SDQ hype sum <- rowSums(parenttwin[, c("sdq2 r", "sdq10 r",
"sdq15 r", "sdq21 rr", "sdq25 rr")])
parenttwin$SDQ peer sum <- rowSums(parenttwin[, c("sdq6 r", "sdq11 rr",
"sdq14 rr", "sdq19 r", "sdq23 r")])
parenttwin$SDQ_pros_sum <- rowSums(parenttwin[, c("sdq1 r", "sdq4 r", "sdq9 r",</pre>
"sdq17 r", "sdq20 r")])
parenttwin$SDQ difficulties sum <- rowSums(parenttwin[, c("SDQ emot sum",
"SDQ cond sum", "SDQ hype sum", "SDQ peer sum")])
parenttwin$SDQ externalizing sum <- rowSums(parenttwin[, c("SDQ cond sum",
"SDQ hype sum")])
parenttwin$SDQ internalizing sum <- rowSums(parenttwin[, c("SDQ emot sum",
"SDQ peer sum")])
```

### #3.16 Perceived Stress Scale (PSS-10) Parent report of child.

Items are adapted from NIH Common Data elements. Cite for original measure: Cohen, S., Kamarck, T., & Mermelstein, R. (1983). A global measure of perceived stress. \*Journal of Health and Social Behavior\*, 24(4), 385–396.

\*Note. Original measure is adult self-report. Sum scores here are not validate in original publication.

```
## recode all variables (minus 1)
for (i in 1:10) {
   var_name <- paste0("pss", i)
   recoded_var_name <- paste0(var_name, "_r")
   parenttwin[[recoded_var_name]] <- parenttwin[[var_name]] - 1 }
## reverse code 1, 2, 8, 9
parenttwin$pss1_rr <- 4 - parenttwin$pss1_r
parenttwin$pss2_rr <- 4 - parenttwin$pss2_r
parenttwin$pss8_rr <- 4 - parenttwin$pss8_r
parenttwin$pss9_rr <- 4 - parenttwin$pss8_r
parenttwin$pss9_rr <- 4 - parenttwin$pss9_r</pre>
parenttwin$pss9_rr <- 4 - parenttwin$pss9_r
```

3.17 Below is a list of statements that describe children. We would like to know if your child has had problems with these behaviors over the past 6 months. Please answer all the items the best that you can. Please DO NOT SKIP ANY ITEMS. Think about your child as you read each statement and circle your response.
brief#
4
2
3

Sometimes Often 1 Overreacts to small problems Ν S 0 2 When given three things to do, only remembers the first or last Ν S 0 3 Is not a self-starter S Ν 0 Leaves playroom a mess Ν S 0 Resists or has trouble accepting a different way to solve a problem with schoolwork, S 0 Ν friends, chores, etc. Becomes upset with new situations Ν S 0 7 Has explosive, angry outburst S 0 Ν 8 Tries the same approach to a problem over and over even when it does not work Ν S 0 S O Has a short attention span Ν S 0 10 Needs to be told to begin a task even when willing 0 11 Does not bring home homework, assignment sheets, materials, etc. S Ν 12 Acts upset by a change in plans 0 Ν S 13 Is disturbed by change of teacher or class S 0 Ν Does not check work for mistakes S 0 Ν 15 Has good ideas but cannot get them on paper S 0 Ν 16 Has trouble coming up with ideas for what to do in play or free time Ν S 0 17 Has trouble concentrating on chores, schoolwork, etc. S Ν 0 18 Does not connect doing tonight's homework with grades S 0 Ν 19 Is easily distracted by noises, activity, sights, etc. S 0 S 0 20 Becomes tearful easily S 21 Makes careless errors 0 22 Forgets to hand in homework, even when completed S 0 Ν 23 Resists change of routine, foods, places, etc. Ν S 0 S 0 24 Has trouble with chores or tasks that have more than one step Ν S 0 25 Has outbursts for little reason Ν <sup>26</sup> Mood changes frequently S 0 Ν 27 Needs help from an adult to stay on task S 0 Ν 28 Gets caught up in details and misses the big picture S 0 <sup>29</sup> Keeps room messy S 0 30 Has trouble getting used to new situations (classes, groups, friends) Ν S 0 31 Has poor handwriting S 0 Ν <sup>32</sup> Forgets what he/she/they was/were doing Ν S 0 33 When sent to get something, forgets what he/she/they is/are supposed to get S 0 Ν 34 Is unaware of how his/her/their behavior affects or bothers others S 0 Ν 35 Has good ideas but does not get job done (lacks follow-through) S O Ν 36 Becomes overwhelmed by large assignments Ν S 0 Has trouble finishing tasks (chores, homework) S 0 Ν 38 Acts wilder or sillier than others in groups (birthday parties, recess) S 0 Ν 39 Thinks too much about the same topic S 0 Ν 0 Ν 40 Underestimates time needed to finish tasks 41 Interrupts others Ν S 0

0.47 Cardinard	1	2	3
3.17 Continued	Never	Sometimes	Often
42 Does not notice when his/her/their behavior causes negative reactions	N	S	0
43 Gets out of seat at the wrong times	N	S	0
44 Gets out of control more than friends	N	S	0
Reacts more strongly to situations than other children	N	S	0
Starts assignments or chores at the last minute	N	S	0
Has trouble getting started on homework or chores	N	S	0
Has trouble organizing activities with friends	N	S	0
Blurts things out	N	S	0
Mood is easily influenced by the situation	N	S	0
Does not plan ahead for school assignments	N	S	0
Has poor understanding of own strengths and weaknesses	N	S	0
Written work is poorly organized	N	S	0
Acts too wild or "out of control"	N	S	0
Has trouble putting the brakes on his/her/their actions	N	S	0
6 Gets in trouble if not supervised by an adult	N	S	0
Has trouble remembering things, even for a few minutes	N	S	0
$^{8}$ Has trouble carrying out the actions needed to reach goals (saving money for special	N.I.		
item, studying to get a good grade)	N	S	0
9 Becomes too silly	N	S	0
0 Work is sloppy	N	S	0
Does not take initiative	N	S	0
2 Angry or tearful outbursts are intense but end suddenly	Ν	S	0
Does not realize that certain actions bother others	N	S	0
4 Small events trigger big reactions	N	S	0
5 Talks at the wrong time	N	S	0
6 Complains there is nothing to do	N	S	0
7 Cannot find things in room or school desk	N	S	0
Leaves a trail of belongings wherever he/she/they goes	N	S	0
Leaves messes that others have to clean up	N	S	0
O Becomes upset too easily	N	S	0
1 Lies around the house a lot ("couch potato")	N	S	0
2 Has a messy closet	N	S	0
Has trouble waiting for turn	N	S	0
Loses lunch box, lunch money, permission slips, homework, etc.	N	S	0
Cannot find clothes, glasses, shoes, toys, books, pencils, etc.	N	S	0
Tests poorly even when knows correct answers	N	S	0
7 Does not finish long-term projects	N	S	0
8 Has to be closely supervised	N	S	0
9 Does not think before doing	N	S	0
0 Has trouble moving from one activity to another	N	S	0
Is fidgety	N	S	0
22 Is impulsive	N	S	0
3 Cannot stay on the same topic when talking	N	S	0
4 Gets stuck on one topic or activity	N	S	0
Says the same things over and over	N	S	0
Has trouble getting through morning routine in getting ready for school	N	S	0

### #3.17 Behavior Rating Inventory of Executive Function (BRIEF)

Items are from: Gioia, G. A., Isquith, P. K., Guy, S. C., & Kenworthy, L. (2000). Test Review: Behavior Rating Inventory of Executive Function. Child Neuropsychology, 6, 235-238.

If more than 14 items are missing, then the BRIEF cannot be scored.

If more than 2 items are missing from a scale, then the scale cannot be scored.

```
# Calculate total count of non-missing values for all variables from brief 1 to brief 72
parenttwin$BRTotalN <- rowSums(!is.na(parenttwin[, paste0("brief", 1:72)]))
##### INHIBIT
# Initialize the P_BRIEF_Inhib column with NA values
parenttwin$P_BRIEF_Inhib <- rep(NA, nrow(parenttwin))</pre>
# Initialize the BRIHN column with NA values
parenttwin$BRIHN <- rep(NA, nrow(parenttwin))</pre>
# Reiterate
for (i in 1:nrow(parenttwin)) {
      # Check if BRTotalN for the current row is greater than or equal to 58
     if (parenttwin$BRTotalN[i] >= 58) {
           # Count the number of non-missing values for specific variables
parenttwin$BRIHN[i] <- sum(!is.na(parenttwin[i, c("brief38", "brief41", "brief43",
"brief44", "brief49", "brief55", "brief56", "brief59", "brief65")]))</pre>
           # Check the value of BRIHN for the current row
           if (parenttwin$BRIHN[i] == 10)
                # Calculate P BRIEF Inhib as the sum of the listed variables
                parenttwin \\ \$P\_\overline{\texttt{B}}RIEF\_\overline{\texttt{I}}nhib[i] <- sum(parenttwin[i, c("brief38", "brief41", "brief43", "brief43", "brief43", "brief43", "brief43", "brief43", "brief43", "brief44", "brief44"
"brief44", "brief\overline{49}", "brief54", "brief55", "brief56", "brief59", "brief65")], na.rm = TRUE)
           } else if (parenttwin$BRIHN[i] == 9) {
                # Calculate P BRIEF Inhib as the sum of the listed variables plus 1
parenttwin$P BRIEF Inhib[i] <- sum(parenttwin[i, c("brief38", "brief41", "brief43",
"brief44", "brief49", "brief54", "brief55", "brief56", "brief59", "brief65")], na.rm = TRUE)</pre>
+ 1
           } else if (parenttwin$BRIHN[i] == 8) {
# Calculate P_BRIEF_Inhib as the sum of the listed variables plus 2
parenttwin$P_BRIEF_Inhib[i] <- sum(parenttwin[i, c("brief38", "brief41", "brief43",
"brief44", "brief49", "brief54", "brief55", "brief56", "brief59", "brief65")], na.rm = TRUE)
          } else {
                # Set P BRIEF Inhib to NA if BRIHN is neither 10, 9, nor 8
                parenttwin$P BRIEF Inhib[i] <- NA</pre>
      } else {
           # Set P BRIEF Inhib to NA if BRTotalN is less than 58
          parenttwin$P BRIEF Inhib[i] <- NA</pre>
parenttwin$P BRIEF Inhib
```

```
###### SHIFT:
# Initialize
parenttwin$P BRIEF Shift <- rep(NA, nrow(parenttwin))</pre>
parenttwin$BRSHN <- rep(NA, nrow(parenttwin))</pre>
# Reiterate
for (i in 1:nrow(parenttwin)) {
  # Check if BRTotalN for the current row is greater than or equal to 58
  if (parenttwin$BRTotalN[i] >= 58) {
    # Count the number of non-missing values for specific variables
    parenttwin$BRSHN[i] <- sum(!is.na(parenttwin[i, c("brief5", "brief6", "brief8",</pre>
"brief12", "brief13", "brief23", "brief30", "brief39")]))
    # Check the value of BRSHN for the current row
    if (parenttwin$BRSHN[i] == 8) {
       # Calculate P BRIEF Shift as the sum of the listed variables
parenttwin$P BRIEF Shift[i] <- sum(parenttwin[i, c("brief5", "brief6", "brief8", "brief12", "brief13", "brief23", "brief30", "brief39")], na.rm = TRUE)
    } else if (parenttwin$BRSHN[i] == 7) {
       # Calculate P BRIEF Shift as the sum of the listed variables plus 1
      parenttwin$P_BRIEF_Shift[i] <- sum(parenttwin[i, c("brief5", "brief6", "brief8",
"brief12", "brief1\overline{3}", "brief23", "brief30", "brief39")], na.rm = TRUE) + 1
    } else if (parenttwin$BRSHN[i] == 6) {
       \sharp Calculate P BRIEF Shift as the sum of the listed variables plus 2
       parenttwin$P BRIEF Shift[i] <- sum(parenttwin[i, c("brief5", "brief6", "brief8",</pre>
"brief12", "brief13", "brief23", "brief30", "brief39")], na.rm = TRUE) + 2
    } else {
       # Set P BRIEF Shift to NA if BRIHN is neither 10, 9, nor 8
      parenttwin$P BRIEF Shift[i] <- NA</pre>
  } else {
    # Set P BRIEF Shift to NA if BRTotalN is less than 58
    parenttwin$P BRIEF Shift[i] <- NA</pre>
parenttwin$P BRIEF Shift
########Emotional Control
parenttwin$P BRIEF Emo <- rep(NA, nrow(parenttwin))</pre>
parenttwin$BRECN <- rep(NA, nrow(parenttwin))</pre>
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
   Check if BRTotalN for the current row is greater than or equal to 58
  if (parenttwin$BRTotalN[i] >= 58) {
    # Count the number of non-missing values for specific variables
    parenttwin$BRECN[i] <- sum(!is.na(parenttwin[i, c("brief1", "brief7", "brief20",</pre>
"brief25", "brief26", "brief45", "brief50", "brief62", "brief64", "brief70")]))
    # Check the value of BRECN for the current row
    if (parenttwin$BRECN[i] == 10) {
       # Calculate P BRIEF Emo as the sum of the listed variables
parenttwin$P BRIEF Emo[i] <- sum(parenttwin[i, c("brief1", "brief7", "brief20",
"brief25", "brief26", "brief45", "brief50", "brief62", "brief64", "brief70")], na.rm = TRUE)</pre>
    } else if (parenttwin$BRECN[i] == 9) {
       # Calculate P BRIEF Emo as the sum of the listed variables plus 1
      parenttwin$P BRIEF Emo[i] <- sum(parenttwin[i, c("brief1", "brief7", "brief20",
"brief25", "brief2\overline{6}", "b\overline{r}ief45", "brief50", "brief62", "brief64", "brief70")], na.rm = TRUE)
+ 1
    } else if (parenttwin$BRECN[i] == 8) {
       # Calculate P BRIEF Emo as the sum of the listed variables plus 2
parenttwin$P_BRIEF_Emo[i] <- sum(parenttwin[i, c("brief1", "brief7", "brief20", "brief25", "brief26", "brief45", "brief50", "brief62", "brief64", "brief70")], na.rm = TRUE)
    } else {
       # Set P BRIEF Emo to NA if BRECN is neither 10, 9, nor 8
      parenttwin$P BRIEF Emo[i] <- NA</pre>
  } else {
    # Set P BRIEF Emo to NA if BRTotalN is less than 58
    parenttwin$P BRIEF Emo[i] <- NA</pre>
# View the P BRIEF Emo column
parenttwin$P_BRIEF_Emo
```

```
######## Initiate
# Initialize
parenttwin$P BRIEF Initiate <- rep(NA, nrow(parenttwin))</pre>
parenttwin$BRINN <- rep(NA, nrow(parenttwin))</pre>
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
     # Count the number of non-missing values for specific variables
parenttwin$BRINN[i] <- sum(!is.na(parenttwin[i, c("brief3", "brief10", "brief16",
"brief47", "brief48", "brief61", "brief66", "brief71")]))</pre>
     # Check if BRTotalN for the current row is greater than or equal to 58
    if (parenttwin$BRTotalN[i] >= 58)
          # Check the value of BRINN for the current row
          if (parenttwin$BRINN[i] == 8) {
               # Calculate P BRIEF Initiate as the sum of the listed variables
              parenttwin$P_BRIEF_Initiate[i] <- sum(parenttwin[i, c("brief3", "brief10", "brief16",</pre>
"brief47", "brief48", "brief61", "brief66", "brief71")], na.rm = TRUE)
          } else if (parenttwin$BRINN[i] == 7) {
              # Calculate P_BRIEF_Initiate as the sum of the listed variables plus 1
parenttwin$P_BRIEF_Initiate[i] <- sum(parenttwin[i, c("brief3", "brief10", "brief16",</pre>
"brief47", "brief48", "brief61", "brief66", "brief71")], na.rm = TRUE) + 1
          } else if (parenttwin$BRINN[i] == 6) {
               # Calculate P BRIEF Initiate as the sum of the listed variables plus 2
              parenttwin$P BRIEF Initiate[i] <- sum(parenttwin[i, c("brief3", "brief10", "brief16",</pre>
"brief47", "brief4\overline{8}", "brief61", "brief66", "brief71")], na.rm = TRUE) + 2
          } else {
               # Set P BRIEF Initiate to NA if BRINN is neither 8, 7, nor 6
              parenttwin$P BRIEF Initiate[i] <- NA</pre>
     } else {
          # Set P BRIEF Initiate to NA if BRTotalN is less than 58
         parenttwin$P BRIEF Initiate[i] <- NA</pre>
parenttwin$P BRIEF Initiate
##########Working Memory
# Initialize
parenttwin$P BRIEF Wm <- rep(NA, nrow(parenttwin))</pre>
parenttwin$BRWMN <- rep(NA, nrow(parenttwin))</pre>
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
     # Count the number of non-missing values for specific variables
    parenttwin$BRWMN[i] <- sum(!is.na(parenttwin[i, c("brief2", "brief9", "brief17",</pre>
"brief19", "brief24", "brief27", "brief32", "brief33", "brief37", "brief57")]))
     # Check if BRTotalN for the current row is greater than or equal to 58
     if (parenttwin$BRTotalN[i] >= 58) {
          # Check the value of BRWMN for the current row
         if (parenttwin$BRWMN[i] == 10) {
               # Calculate P BRIEF Wm as the sum of the listed variables
              parenttwin\$P\_\overline{B}RIEF\_\overline{W}m[i] <- sum(parenttwin[i, c("brief2", "brief9", "brief17", "
"brief19", "brief24", "brief27", "brief32", "brief33", "brief37", "brief57")], na.rm = TRUE)
          } else if (parenttwin$BRWMN[i] == 9) {
               # Calculate P BRIEF Wm as the sum of the listed variables plus 1
parenttwin$P_BRIEF_Wm[i] <- sum(parenttwin[i, c("brief2", "brief9", "brief17", "brief19", "brief24", "brief27", "brief32", "brief33", "brief37", "brief57")], na.rm = TRUE)
+ 1
          } else if (parenttwin$BRWMN[i] == 8) {
               # Calculate P BRIEF Wm as the sum of the listed variables plus 2
              parenttwinP_{\overline{B}RIEF_{\overline{W}m}[i]} < sum(parenttwin[i, c("brief2", "brief9", "brief17", "brief17",
"brief19", "brief24", "brief27", "brief32", "brief33", "brief37", "brief57")], na.rm = TRUE)
          } else {
               # Set P BRIEF Wm to NA if BRWMN is neither 10, 9, nor 8
              parenttwin$P BRIEF Wm[i] <- NA</pre>
     } else {
         # Set P BRIEF Wm to NA if BRTotalN is less than 58
         parenttwin$P BRIEF Wm[i] <- NA</pre>
parenttwin$P BRIEF Wm
```

```
############Plan/Organize
# Initialize
parenttwin$P_BRIEF_Plan <- rep(NA, nrow(parenttwin))
parenttwin$BRPlanN <- rep(NA, nrow(parenttwin))</pre>
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
  # Count the number of non-missing values for specific variables
"brief58")]))
  # Check if BRTotalN for the current row is greater than or equal to 58
  if (parenttwin$BRTotalN[i] >= 58) {
     Check the value of BRPlanN for the current row
    if (parenttwin$BRPlanN[i] == 12) {
       # Calculate P BRIEF Plan as the sum of the listed variables
parenttwin$P_BRIEF_Plan[i] <- sum(parenttwin[i, c("brief11", "brief15", "brief18", "brief22", "brief28", "brief35", "brief36", "brief46", "brief46", "brief51", "brief53", "brief58")], na.rm = TRUE)
    } else if (parenttwin$BRPlanN[i] == 11) {
# Calculate P_BRIEF_Plan as the sum of the listed variables plus 1 parenttwin$P_BRIEF_Plan[i] <- sum(parenttwin[i, c("brief11", "brief15", "brief18", "brief22", "brief28", "brief35", "brief36", "brief40", "brief46", "brief51", "brief53",
"brief58")], na.rm = TRUE) + 1
    } else if (parenttwin$BRPlanN[i] == 10) {
       # Calculate P BRIEF Plan as the sum of the listed variables plus 2
parenttwin$P_BRIEF_Plan[i] <- sum(parenttwin[i, c("brief11", "brief15", "brief18", "brief22", "brief28", "brief35", "brief36", "brief40", "brief46", "brief51", "brief53",
"brief58")], na.rm = TRUE) + 2
    } else {
       # Set P BRIEF Plan to NA if BRPlanN is neither 12, 11, nor 10
      parenttwin$P BRIEF Plan[i] <- NA
  } else {
    # Set P BRIEF Plan to NA if BRTotalN is less than 58
    parenttwin$P BRIEF Plan[i] <- NA</pre>
parenttwin$P BRIEF Plan
#####Organization of Materials
# Initialize
parenttwin$P BRIEF Organize <- rep(NA, nrow(parenttwin))</pre>
parenttwin$BROrganizeN <- rep(NA, nrow(parenttwin))</pre>
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
  # Count the number of non-missing values for specific variables
  parenttwin$BROrganizeN[i] <- sum(!is.na(parenttwin[i, c("brief4", "brief29", "brief67",
"brief68", "brief69", "brief72")]))
  # Check if BRTotalN for the current row is greater than or equal to 58
  if (parenttwin$BRTotalN[i] >= 58) {
      Check the value of BROrganizeN for the current row
    if (parenttwin$BROrganizeN[i] == 6) {
       # Calculate P BRIEF Organize as the sum of the listed variables
      parenttwin$P BRIEF Organize[i] <- sum(parenttwin[i, c("brief4", "brief29", "brief67",
"brief68", "brief69", "brief72")], na.rm = TRUE)
    } else if (parenttwin$BROrganizeN[i] == 5) {
       # Calculate P BRIEF Organize as the sum of the listed variables plus 1
       parenttwin$P BRIEF Organize[i] <- sum(parenttwin[i, c("brief4", "brief29", "brief67",
"brief68", "brief69", "brief72")], na.rm = TRUE) + 1
    } else if (parenttwin$BROrganizeN[i] == 4) {
       # Calculate P BRIEF Organize as the sum of the listed variables plus 2
      parenttwin$P BRIEF Organize[i] <- sum(parenttwin[i, c("brief4", "brief29", "brief67",
"brief68", "brief6\overline{9}", "brief72")], na.rm = TRUE) + 2
    } else {
       # Set P BRIEF Organize to NA if BROrganizeN is neither 6, 5, nor 4
      parenttwin$P BRIEF Organize[i] <- NA</pre>
  } else {
    # Set P BRIEF Organize to NA if BRTotalN is less than 58
    parenttwin$P BRIEF Organize[i] <- NA</pre>
parenttwin$P BRIEF Organize
```

```
###########Monitor
# Initialize
parenttwin$P BRIEF Monitor <- rep(NA, nrow(parenttwin))</pre>
parenttwin$BRMonitorN <- rep(NA, nrow(parenttwin))</pre>
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
  # Count the number of non-missing values for specific variables
 parenttwin$BRMonitorN[i] <- sum(!is.na(parenttwin[i, c("brief14", "brief21", "brief31",</pre>
"brief34", "brief42", "brief52", "brief60", "brief63")]))
  # Check if BRTotalN for the current row is greater than or equal to 58
  if (parenttwin$BRTotalN[i] >= 58)
    # Check the value of BRMonitorN for the current row
    if (parenttwin$BRMonitorN[i] == 8) {
      # Calculate P BRIEF Monitor as the sum of the listed variables
      parenttwin$P BRIEF Monitor[i] <- sum(parenttwin[i, c("brief14", "brief21", "brief31",</pre>
"brief34", "brief4\overline{2}", "b\overline{r}ief52", "brief60", "brief63")], na.rm = TRUE)
    } else if (parenttwin$BRMonitorN[i] == 7) {
      # Calculate P BRIEF Monitor as the sum of the listed variables plus 1
      parenttwin$P_BRIEF_Monitor[i] <- sum(parenttwin[i, c("brief14", "brief21", "brief31",</pre>
"brief34", "brief4\overline{2}", "b\overline{r}ief52", "brief60", "brief63")], na.rm = TRUE) + 1
    } else if (parenttwin$BRMonitorN[i] == 6) {
      # Calculate P BRIEF Monitor as the sum of the listed variables plus 2
      parenttwin$P_BRIEF_Monitor[i] <- sum(parenttwin[i, c("brief14", "brief21", "brief31",</pre>
"brief34", "brief42", "brief52", "brief60", "brief63")], na.rm = TRUE) + 2
    } else {
      # Set P BRIEF Monitor to NA if BRMonitorN is neither 8, 7, nor 6
      parenttwin$P BRIEF Monitor[i] <- NA</pre>
  } else {
    # Set P BRIEF Monitor to NA if BRTotalN is less than 58
    parenttwin$P BRIEF Monitor[i] <- NA</pre>
parenttwin$P BRIEF Monitor
########## Subscales and global composite
parenttwin P BRIEF Behreg <- rowSums (parenttwin[, c("P BRIEF Inhib", "P BRIEF Shift",
"P BRIEF Emo")])
parenttwin P BRIEF Meta <- rowSums (parenttwin [, c ("P BRIEF Initiate", "P BRIEF Wm",
"P BRIEF Plan", "P BRIEF Organize", "P BRIEF Monitor")])
parenttwin P BRIEF GlobalComposite <- rowSums (parenttwin [, c("P BRIEF Behreq",
"P BRIEF Meta" ) ])
```

```
##################Negativity Scale
# Initialize P BRIEF Negativity variable
parenttwin$P BRIEF Negativity <- 0
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
  # Check each variable and increment P_BRIEF_Negativity if the condition is met
parenttwin$P_BRIEF_Negativity[i] <- parenttwin$P_BRIEF_Negativity[i] + ifelse(parenttwin$prief8[i] == \overline{3}, 1, \overline{0})
  parenttwin$P BRIEF Negativity[i] <- parenttwin$P BRIEF Negativity[i] + ifelse(parenttwin</pre>
$brief13[i] == 3, 1, 0)
  parenttwin$P BRIEF Negativity[i] <- parenttwin$P BRIEF Negativity[i] + ifelse(parenttwin</pre>
brief23[i] == 3, 1, 0
  parenttwin$P BRIEF Negativity[i] <- parenttwin$P BRIEF Negativity[i] + ifelse(parenttwin</pre>
f(i) == 3, 1, 0
  parenttwin$P_BRIEF_Negativity[i] <- parenttwin$P_BRIEF_Negativity[i] + ifelse(parenttwin</pre>
\frac{1}{2} = 3, 1,
                      0)
  parenttwin$P BRIEF Negativity[i] <- parenttwin$P BRIEF Negativity[i] + ifelse(parenttwin
prief71[i] == 3, 1, 0
  parenttwin$P BRIEF Negativity[i] <- parenttwin$P BRIEF Negativity[i] + ifelse(parenttwin</pre>
\frac{1}{0}
  parenttwin$P BRIEF Negativity[i] <- parenttwin$P BRIEF Negativity[i] + ifelse(parenttwin</pre>
brief83[i] == 3, 1, 0
parenttwin$P_BRIEF_Negativity[i] <- parenttwin$P_BRIEF_Negativity[i] +
ifelse(parenttwin$brief85[i] == 3, 1, 0)</pre>
# View the P BRIEF Negativity column
parenttwin$P BRIEF Negativity
***scores of 5 or more should be considered elevated and a cause for careful review of
the protocol. Scores at or above a 7 likely reflect either an excessively negative
perception of the child or that the child may have substantial executive dysfunction.
#########Inconsistency
# Initialize P BRIEF Inconsistency as NA for all rows
parenttwin$P BRIEF Inconsistency <- NA
# Iterate over each row
for (i in 1:nrow(parenttwin)) {
  # Compute absolute differences between pairs of variables and store them in new
variables
  parenttwin$BR725[i] <- abs(parenttwin$brief7[i] - parenttwin$brief25[i])</pre>
  parenttwin$BR1122[i] <- abs(parenttwin$brief11[i] - parenttwin$brief22[i])</pre>
  parenttwin$BR2717[i] <- abs(parenttwin$brief27[i] - parenttwin$brief17[i])
parenttwin$BR3332[i] <- abs(parenttwin$brief33[i] - parenttwin$brief32[i])</pre>
  parenttwin$BR3859[i] <- abs(parenttwin$brief38[i] - parenttwin$brief59[i])</pre>
  parenttwin$BR4165[i] <- abs(parenttwin$brief41[i] - parenttwin$brief65[i])</pre>
  parenttwin$BR4263[i] <- abs(parenttwin$brief42[i] - parenttwin$brief63[i])</pre>
  parenttwin$BR4454[i] <- abs(parenttwin$brief44[i] - parenttwin$brief54[i])</pre>
  parenttwin$BR5360[i] <- abs(parenttwin$brief53[i] - parenttwin$brief60[i])</pre>
  parenttwin$BR5544[i] <- abs(parenttwin$brief55[i] - parenttwin$brief44[i])</pre>
  # Sum the absolute differences, removing missing values
  parenttwin$P BRIEF Inconsistency[i] <- sum(parenttwin$BR725[i], parenttwin$BR1122[i],</pre>
parenttwin$BR2717[i], parenttwin$BR3332[i], parenttwin$BR3859[i], parenttwin$BR4165[i],
parenttwin$BR4263[i], parenttwin$BR4454[i], parenttwin$BR5360[i], parenttwin$BR5544[i],
na.rm = TRUE)
# View the P BRIEF Inconsistency column
parenttwin$P_BRIEF_Inconsistency
*** Inconsistency < 6 is Acceptable; 7 to 8 is "Questionable"; >= 9 "Inconsistent" '
```

# NatPAT COVID-19 2022 Survey Twin

### Section 1: All about you

Questions refer to children's resources for resilience, perceived stress, ability to bounce back, anxiety, comfortable level with technology, and frequency of technology use.

# **Section 1**

### All about you

**1.1** Here are some statements that may or may not describe what you are like. Circle the number that shows how much you agree or disagree that it describes you. For example, do you agree that you have people you want to be like? Circle a 3 if you agree, a 2 if you think it describes you some of the time, and a 1 if you do not agree. Ask if you don't know what a word means!

3 2 cyrm# Some-Do not times Agree agree agree 1 1 Do you have people you want to be like? 2 3 2 Do you share with people around you? 2 3 3 Is doing well in school important to you? 1 2 3 Do you know how to behave / act in different situations (such as school, home, and church or mosque)? 3 5 Do you feel that your parent(s)/ caregiver(s) know where you are and what you are 1 2 3 doing all of the time? 6 Do you feel that your parent(s) / caregiver(s) know a lot about you (for example, what makes 3 you happy, what makes you scared)? 7 Is there enough to eat in your home when you are hungry? 2 1 3 3 Do you try to finish activities that you start? Do you know where your family comes from or know your family's history? 1 2 3 10 Do other children like to play with you? 1 2 3 11 Do you talk to your family about how you feel (for example, when you are hurt or feeling scared)? 1 2 3 12 When things don't go your way, can you fix it without hurting yourself or other people (for ex-2 3 ample, without hitting others or saying nasty things)? 3 13 Do you have friends that care about you? 1 3 14 Do you know where to go to get help? 15 Do you feel you fit in with other children? 1 3 16 Do you think your family cares about you when times are hard (for example, if you are sick or 1 2 3 have done something wrong)? 17 Do you think your friends care about you when times are hard (for example, if you are sick or 1 3 have done something wrong)? 18 Are you treated fairly? 19 Do you have chances to show others that you are growing up and can do things by yourself? 2 3 1 20 Do you know what you are good at? 1 2 3 21 Do you participate in religious activities (such as church, mosque)? 3 1 2 22 Do you think it is important to help out in your community? 2 3 Do you feel safe when you are with your family? 2 3 1 Do you have chances to learn things that will be useful when you are older (like cooking, work-1 2 3 ing, and helping others)? Do you like the way your family celebrates things (like holidays or learning about your culture)? 1 2 3 Do you like the way your community celebrates things (like holidays, festivals)? 2

#### **#1.1 Child Youth Resilience Measure (CYRM)**

Items are from The Child and Youth Resilience Measure (CYRM) Child Version (Retrieved from: https://www.phenxtoolkit.org/protocols/view/301001).

Original measure: Ungar, M., & Liebenberg, L. (2011). Assessing Resilience Across Cultures Using Mixed Methods: Construction of the Child and Youth Resilience Measure. Journal of Mixed Methods Research, 5(2), 126–149.

CYRM user manual can be found here: https://cyrm.resilienceresearch.org/files/CYRM\_&\_ARM-User Manual.pdf

```
## Personal resilience based on CYRM user manual
twin$CYRM_personal_sum <- rowSums(twin[, c("cyrm2", "cyrm3", "cyrm4",
   "cyrm10", "cyrm13", "cyrm15", "cyrm17", "cyrm18", "cyrm19", "cyrm24")])
# Caregiver/relational resilience based on CYRM user manual
twin$CYRM_relational_sum <- rowSums (twin[, c("cyrm5", "cyrm6", "cyrm7",
   "cyrm11", "cyrm16", "cyrm23", "cyrm25")])</pre>
```

1.2 These questions are about how you felt during the last week. Please circle the answer that best fits you.

psschild#	1 Never	2 A little	Some- times	4 A lot
1 How often did you feel rushed or hurried?	1	2	3	4
2* How often did you have enough time to do what you wanted?	1	2	3	4
3 How often did you feel worried about being too busy?	1	2	3	4
4 How often did you feel worried about grades or school?	1	2	3	4
5* How often did your caregiver/s make you feel better?	1	2	3	4
6* How often did your caregiver/s make you feel loved?	1	2	3	4
7 How often did you feel scared or nervous?	1	2	3	4
8 How often did you feel angry?	1	2	3	4
9* How often did you feel happy?	1	2	3	4
10*How often did you get enough sleep?	1	2	3	4
11 How often did you have fights with your friends?	1	2	3	4
12*How often did you play with your friends?	1	2	3	4
13* How often did you feel that you had enough friends?	1	2	3	4

1.3 Here are some more statements that describe what you are like. Circle the number that shows how much you agree or disagree that each statement describes you. Ask if you don't know what a word means!

brs_child#	1 Strongly disagree	Disagree	3 Neutral	4 Agree	5 Strongly agree
1 I tend to bounce back quickly after hard times	1	2	3	4	5
2* I have a hard time making it through stressful events	1	2	3	4	5
3 It does not take me long to recover from a stressful event	1	2	3	4	5
4 * It is hard for me to bounce back when something bad happens	1	2	3	4	5
5 I usually come through difficult times with little trouble	1	2	3	4	5
6* I tend to take a long time to get over set-backs in my life	1	2	3	4	5

**1.4** Please put a circle around the answer that shows how often each of these things happen to you. There are no right or wrong answers.

		1 1	2	3	4
	scas#	Never	Some- times	Often	Always
1	I worry that I will suddenly get a scared feeling when there is nothing to be afraid of	1	2	3	4
2	I feel afraid	1	2	3	4
3	I worry about things	1	2	3	4
4	I worry about being away from my parents	1	2	3	4
5	I suddenly start to tremble or shake when there is no reason for this	1	2	3	4
6	I have trouble going to school in the mornings because I feel nervous or afraid	1	2	3	4
7	I would feel scared if I had to stay away from home overnight	1	2	3	4
8	I feel scared if I have to sleep on my own	1	2	3	4

#### **#1.2 Perceived Stress Scale - Children (PSS-C)**

Items are from White, B. P. (2014). The perceived stress scale for children: A pilot study in a sample of 153 children. International Journal of Pediatrics and Child Health, 2(2), 45-52.

```
## recode items
twin$psschild2_r <- 5 - twin$psschild2
twin$psschild5_r <- 5 - twin$psschild5
twin$psschild6_r <- 5 - twin$psschild6
twin$psschild9_r <- 5 - twin$psschild9
twin$psschild10_r <- 5 - twin$psschild10
twin$psschild12_r <- 5 - twin$psschild12
twin$psschild13_r <- 5 - twin$psschild12
twin$psschild13_r <- 5 - twin$psschild13</pre>
# sum scores based on White (2014)
twin$stress_sum <- rowSums(twin[, c("psschild1", "psschild2_r", "psschild3",
    "psschild4", "psschild5_r", "psschild6_r", "psschild7", "psschild8",
    "psschild9_r", "psschild10_r", "psschild11", "psschild12_r",
    "psschild13_r") ]) - 13</pre>
```

#### **#1.3 Brief Resilience Scale (BRS)**

Items are from: Smith, B. W., Dalen, J., Wiggins, K., Tooley, E., Christopher, P., & Bernard, J. (2008). The brief resilience scale: assessing the ability to bounce back. International journal of behavioral medicine, 15, 194-200.

#### **#1.4 Child Anxiety Scale**

Items are from: Spence, S. H., Barrett, P. M., & Turner, C. M. (2003). Psychometric properties of the Spence Children's Anxiety Scale with young adolescents. Journal of anxiety disorders, 17(6), 605-625.

Note. The original Scale has 44 items in total.

1.5 These are questions about how comfortable you are with technology. Technology includes using computers or smart phones and tablets (for example, iPads). Technology also includes using social media, educational apps, playing video games, and using the internet. Please indicate how much you agree or disagree with the following statements about how you use technology:

	technology#	1	2	Neither agree	4	5
		Strongly disagree	Disagree	nor disagree	Agree	Strongly agree
1	I am comfortable using the computers/tablets in the classroom.	1	2	3	4	5
2	I am comfortable using video calling programs (e.g., Zoom, Skype).	1	2	3	4	5
3	I am comfortable using email.	1	2	3	4	5
4	I am comfortable using the Internet/searching websites (for example, Google	1	2	3	4	5
	or Safari).	,		O	7	3
5	I am comfortable using technology to do schoolwork/homework.	1	2	3	4	5
6	I am comfortable using the computer and the Internet to learn.	1	2	3	4	5
7	I am comfortable using technology to solve problems.	1	2	3	4	5
8	I am comfortable using apps (e.g., Khan Academy) on a computer or	1	2	3	4	5
	tablet to learn.	'	2	0	7	3
9	Technology helps me do class work or homework that I couldn't have done	1	2	3	4	5
	without it.		_		_	J
10	I like learning about and using technology.	1	2	3	4	5
11	I like to use computers or tablets as often as I can, even outside of school.	1	2	3	4	5
12	I like to use things like texting, and social media (e.g., Tik Tok, Snapchat) to	1	2	3	4	5
	communicate with my friends.	•	_			
13	I like to play games on a computer or tablet.	1	2	3	4	5

1.6 These are questions about how often you use technology. Remember, technology includes using computers or smart phones and tablets (for example, iPads). Technology also includes using social media, educational apps, playing video games, and using the internet. Please circle one option for each statement about how you use technology:

4 2 3 4

	usetech#	None of the day	A little bit of the day	Some of the day	Most of the day
1	How often during the day do you usually use a computer, tablet or smart phone for homework/schoolwork activities?	1	2	3	4
2	How often during the day do you usually use a computer, tablet or smart phone to talk with friends (e.g., instant messenger, social media, etc.)?	1	2	3	4
3	How often during the day do you usually use a computer, tablet or smart phone to look at Internet sites for fun?	1	2	3	4
4	How often during the day do you usually use a computer, tablet or smart phone to play computer games?	1	2	3	4

#### **#1.5 Child Comfortable with Technology**

#### **#1.6 Frequency of using Technology**

Items are adapted from Dornisch, M. (2013). The digital divide in classrooms: Teacher technology comfort and evaluations. Computers in the Schools, 30(3), 210-228.

\*Note. Items in #1.5 are modified in this questionnaire. The sum score created here is not validated in the original publication.

```
twin$technology_sum <- rowSums(twin[, paste0("technology", 1:13)])
twin$usetech sum <- rowSums(twin[, paste0("usetech", 1:4)])</pre>
```

## Section 2: Hw COVID-19 has affected you

Questions refer to COVID-19 impacts on children's daily routines, social connection, stress, and adverse life events.

# **Section 2**

## How COVID-19 has affected you

2.1 Compared to before the COVID-19 outbreak in March, 2020, how much are you now doing the

	following. Please only circle one number per row. beforecovid#	1 Less	Same amount	3 More
1	Eating	1	2	3
2	Sleeping	1	2	3
3	Spending time outside	1	2	3
4	Spending time with friends in-person	1	2	3
5	Spending time with friends remotely (e.g., online, social media, texting)	1	2	3
6	Spending time watching TV, playing video/computer games, or using social media for educational purposes, including school work	1	2	3
7	Spending time watching TV, playing video/computer games, or using social media for non-educational purposes	1	2	3

2.2 Compared to before the COVID-19 outbreak on March 13, 2020, do you now feel ... beforecovidfeel

1 🗆	Much less connected to friends, family, and community (e.g., people living in your neighborhood)
2 🗆	Less connected to friends, family, and community (e.g., people living in your neighborhood)
3 □	No change
4 🗌	More connected to friends, family, and community (e.g., people living in your neighborhood)
5 🗆	Much more connected to friends, family, and community (a.g., people living in your peighborhood)

2.3 Please indicate how much you think the COVID-19 outbreak had either a good or bad impact on your life.
covidimpact

1 🗆	Bad impact
	Somewhat bad impact
3 🗆	No impact
4 🗆	Somewhat good impact
5 🗆	Good impact

	<b>2.4 <u>Since the COVID-19 outbreak</u></b> in March, 2020, how often have	you .	2	3 1	4	5
	sinceoutbreak#	Not at all	Rarely	Sometimes	Often	Very often
1	Had difficulty sleeping?	1	2	3	4	5
2	Been startled easily?	1	2	3	4	5
3	Had angry outbursts?	1	2	3	4	5
4	Felt a sense of time slowing down?	1	2	3	4	5
5	Felt in a daze?	1	2	3	4	5
6	Tried to avoid thoughts and feelings about COVID-19?	1	2	3	4	5
7	Tried to avoid reading or watching information about COVID-19?	1	2	3	4	5
8	Had bad dreams about COVID-19?	1	2	3	4	5
9	Been upset when you see something that reminds you of COVID-19?	1	2	3	4	5
10	Felt happy and satisfied with your life?	1	2	3	4	5

#### #2.1-#2.4

Items are adapted from ECHO Impacts of COVID-19 Outbreak on Child Self-Report (Retrieved from: https://www.phenxtoolkit.org/protocols/view/960203?origin=search

2.5 These questions are about certain things that may have happened to you since the COVID-19 outbreak in March, 2020. If any of these things has happened to you, please circle the answer that matches how much you were affected by it. If any of these things has not happened to you, please circle "did not happen."
1 2 3 4 -98

	adversecovid#	Not at all	A little	Some	A lot	Did not happen
1	Someone in your family died	1	2	3	4	5
2	Family member was seriously sick or injured	1	2	3	4	5
3	Close friend died	1	2	3	4	5
4	Close friend was very sick	1	2	3	4	5
5	Caregiver lost a job	1	2	3	4	5
6	Caregiver got a new job	1	2	3	4	5
7	Caregivers argued more than before	1	2	3	4	5
8	One caregiver was away from home more often	1	2	3	4	5
9	Caregivers separated	1	2	3	4	5
10	Caregivers got divorced	1	2	3	4	5
11	School closed/switched to online	1	2	3	4	5
12	Family moved	1	2	3	4	5

#### **#2.5 Adverse Life Events Scale**

Items are adapted from: Tiet, Q. Q., Bird, H. R., Davies, M., Hoven, C., Cohen, P., Jensen, P. S., & Goodman, S. (1998). Adverse life events and resilience. Journal of the American Academy of Child and Adolescent Psychiatry, 37(11), 1191-1200.

Full scale can be found here: https://www.phenxtoolkit.org/protocols/view/211501

# Section 3: Your friends, school, and neighborhood

Questions refer to children's peer affiliations, school social environment, and neighborhood environment.

# **Section 3**

## Your friends, school, and neighborhood

3.1 In the following set of questions, we will be asking you what your friends are like. Please circle the number that matches your answer. In answering each question please think about ALL of your

	friends, rather than just one or two friends.  friends#	4 All my friends are like that	3 Most of my friends are like that	2 Just a few of my friends are like that	None of my friends are like that
1	My friends work hard to get good grades in school.	1	2	3	4
2	My friends break the rules.	1	2	3	4
3	My friends are popular with other kids.	1	2	3	4
4	My friends drink alcohol or beer.	1	2	3	4
5	My friends are very smart.	1	2	3	4
6	My friends get into trouble with the police.	1	2	3	4
7	My friends are good at sports.	1	2	3	4
8	My friends smoke cigarettes or chew tobacco.	1	2	3	4
9	My friends do their homework and study a lot.	1	2	3	4
10	My friends steal things from others.	1	2	3	4
11	My friends get invited to all the parties.	1	2	3	4
12	My friends use drugs.	1	2	3	4
13	My friends get good grades in school.	1	2	3	4
14	My friends get into fights with other kids.	1	2	3	4
15	Other kids look up to (respect) my friends.	1	2	3	4
16	My friends know where to buy drugs.	1	2	3	4
17	My friends are liked by their teachers.	1	2	3	4
18	My friends get in trouble at school.	1	2	3	4
19	My friends attend the same school as me.	1	2	3	4
20	My friends are older than me.	1	2	3	4

**3.2** Please answer these questions about your school.

	<b>3.2</b> Please answer these questions about your school.			. •		
	aboutschool#	1 Strongly	2	Neither agree nor dis-	4	5 Strongly
		disagree	Disagree	agree	Agree	agree
1	Teachers understand my problems	1	2	3	4	5
2	Teachers and staff seem to take a real interest in my future	1	2	3	4	5
3	Teachers are available when I need to talk with them	1	2	3	4	5
4	It is easy to talk with teachers	1	2	3	4	5
5	Students get along well with teachers	1	2	3	4	5
6	At my school, there is a teacher or some other adult who notices when I'm not there	1	2	3	4	5
7	Teachers at my school help us children with our problems	1	2	3	4	5
8	My teachers care about me	1	2	3	4	5

#### 3.2 Continued

	3.2 Continued	3					
	3.2 Continued	1 Strongly disagree	2 Disagree	Neither agree nor dis- agree	4 Agree	5 Strongly agree	
9	My teacher makes me feel good about myself	1	2	3	4	5	
10	My schoolwork is exciting	1	2	3	4	5	
11	Students can make suggestions on courses that are offered	1	2	3	4	5	
12	Students are publicly recognized for their outstanding performances in	,	0			_	
	speech, drama, art, music, etc.	1	2	3	4	5	
13	If this school had an extra period during the day, I would take an additional academic class	1	2	3	4	5	
14	This school makes students excited about learning	1	2	3	4	5	
15	Students are frequently rewarded or praised by teachers, principals and staff	_	0	0	4	_	
	for following school rules	1	2	3	4	5	
16	I usually understand my homework assignments	1	2	3	4	5	
17	Teachers make it clear what work needs to be done to get the grade I want	1	2	3	4	5	
18	I believe that teachers expect all students to learn	1	2	3	4	5	
19	I feel that I can do well in this school	1	2	3	4	5	
20	My teachers believe that I can do well in my schoolwork	1	2	3	4	5	
21	I try hard to succeed in my classes	1	2	3	4	5	
22	Classroom rules are applied equally	1	2	3	4	5	
23	Problems in this school are solved by students and staff	1	2	3	4	5	
24	Students get in trouble if they do not follow school rules	1	2	3	4	5	
25	The rules of the school are fair	1	2	3	4	5	
26	School rules are enforced consistently and fairly	1	2	3	4	5	
27	My teachers make it clear to me when I have misbehaved in class	1	2	3	4	5	
28	Discipline is fair	1	2	3	4	5	
29	The schoolgrounds are kept clean	1	2	3	4	5	
30	My school is neat and clean	1	2	3	4	5	
31	My school buildings are generally pleasant and well maintained	1	2	3	4	5	
32	My school is usually clean and tidy	1	2	3	4	5	
33	I am happy with the kinds of students who go to my school	1	2	3	4	5	
34	I am happy, in general, with the other students who go to my school	1	2	3	4	5	
35	At my school, the same person always gets to help the teacher	1	2	3	4	5	
36	At my school, the same kids get chosen every time to take part in after-school or special activities	1	2	3	4	5	
37	The same kids always get to use things, like a computer, a ball, or a piano when we play	1	2	3	4	5	
38	I am happy about the number of tests I have	1	2	3	4	5	
39	I am happy about the amount of homework I have	1	2	3	4	5	
	***						

#### #3.1 Peer Affiliation (PA)

Items are adapted from: Hicks, B. M., DiRago, A. C., Iacono, W. G., & McGue, M. (2009). Gene–environment interplay in internalizing disorders: consistent findings across six environmental risk factors. Journal of Child Psychology and Psychiatry, 50(10), 1309-1317.

\*Note. Items 1, 6, 7, 9 were reversely scored in the data entry system. These need to be recoded before creating subscale scores.

```
twin$friends1 r <- 5 - twin$friends1</pre>
twin$friends6 r <- 5- twin$friends6
twin$friends9 r <- 5- twin$friends9
twin$PA_positive_avg <- rowMeans(twin[, c("friends1 r", "friends3",</pre>
"friends5", "friends7 r", "friends9 r", "friends11", "friends13", "friends15", "friends17", "friends19")])
twin $PA negative avg <- rowMeans(twin[, c("friends2", "friends4",
"friends6 r", "friends8", "friends10", "friends12", "friends14", "friends16", "friends18", "friends20")])
##Scales based on Florida Twin Project
twin $PA good avg <- rowMeans(twin [, c("friends3", "friends7 r",
"friends11", "friends15")])
twin$PA_school_avg <- rowMeans(twin[, c("friends1 r", "friends5",</pre>
"friends9 r", "friends13", "friends17")])
twin$PA bad avg <- rowMeans(twin[, c("friends2", "friends4", "friends6 r",
"friends8", "friends10", "friends12", "friends14", "friends16", "friends18",
"friends20")])
```

#### #3.2 School Social Environment

Items are from Zullig, K. J., Huebner, E. S., & Patton, J. M. (2011). Relationships among school climate domains and school satisfaction. Psychology in the Schools, 48(2), 133-145.

More information here: https://www.phenxtoolkit.org/protocols/view/211001?origin=search

```
twin$SSE_teacherRelation_avg <- rowMeans(twin[, paste0("aboutschool", 1:9)])
twin$SSE_connect_avg <- rowMeans(twin[, paste0("aboutschool", 10:15)])
twin$SSE_acadSupport_avg <- rowMeans(twin[, paste0("aboutschool", 16:21)])
twin$SSE_discipline_avg <- rowMeans(twin[, paste0("aboutschool", 22:28)])
twin$SSE_physicalEnv_avg <- rowMeans(twin[, paste0("aboutschool", 29:32)])
twin$SSE_socialEnv_avg <- rowMeans(twin[, paste0("aboutschool", 33:34)])
twin$SSE_exclusion_avg <- rowMeans(twin[, paste0("aboutschool", 35:37)])
twin$SSE_acadSatisfy_avg <- rowMeans(twin[, paste0("aboutschool", 35:37)])</pre>
```

**3.3** Please answer these questions about your neighborhood. Circle the number that best describes your feelings.

		ı	_	3	7
	neighborhood#		A little true	Sort of true	Very true
1*	There are plenty of safe places to walk or spend time outdoors in my neighborhood.	1	2	3	4
2	Every few weeks, some kid in my neighborhood gets beat up or mugged.	1	2	3	4
3	Every few weeks, some adult gets beat-up or mugged in my neighborhood.	1	2	3	4
4	I have seen people using or selling drugs in my neighborhood.	1	2	3	4
5	In the morning or later in the day, I often see drunk people on the street in my neighborhood.	1	2	3	4
6*	Most adults in my neighborhood respect the law.	1	2	3	4
<b>7</b> *	I feel safe when I walk around my neighborhood by myself during the day.	1	2	3	4
8	People who live in my neighborhood often damage or steal each other's property.	1	2	3	4
9*	I feel safe when I walk around my neighborhood by myself at night.	1	2	3	4
10	In my neighborhood, the people with the most money are the drug dealers.	1	2	3	4

#### >>>>> THANK YOU! THIS IS THE END OF THIS SURVEY <<<<<<

>>>> Please put both this survey and the signed assent form in the return envelope <<<<

#### **#3.3 Neighborhood Environment Scale (NES)**

Items used in this questionnaire are from: Elliot, D. S., Huizinga, D., & Ageton, S. S. (1985). Explaining delinquency and drug use. Beverly Hills, CA: Sage Publications.